

## Active Living, Recreation & Community Resource Guide

# Play Mascoma Valley!

FALL/WINTER 2017 - 2018



### *Explore Recreation Programs in the Mascoma Valley!*

The Canaan & Enfield Recreation Departments, and Mascoma Valley Parks & Recreation don't stop offering programs just because the weather cools down. We have a number of exciting programs and events coming up this Fall and Winter. Flip the page for more!

## *Recreation Highlights!*

- Kid's Halloween Party, October 31st (Enfield Fire Station - Union Street)
- Mascoma Film Society Movie Nights, Wednesdays at 6:30pm (MVRHS Community Auditorium)
- Race to Save the Mill, October 7th (Grafton Recreation Field)
- Hometown Holidays, December 2nd (Enfield Community Building)
- Christmas In Canaan, December (Downtown Canaan)
- David O. Cushman Memorial Winter Golf Tournament, February (Canaan)
- Youth After School Ski and Ride Program, January 2018 (Whaleback Mountain)

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## WE WANT YOUR IDEAS...

Do you have an event or scheduled activity to share? To contribute event listings for the next Play Mascoma Valley!, please send via email to [mvalleyrec@gmail.com](mailto:mvalleyrec@gmail.com), or leave notices at the Canaan or Enfield Town Offices.

### Check out each town's website for additional information:

[www.canaannh.org](http://www.canaannh.org)                      [www.enfield.nh.us](http://www.enfield.nh.us)

Keep up with the news!  
Join the Mascoma & Enfield ListServ  
<http://lists.valley.net/lists/lists/Community>

## USE THE LINKS!

Throughout the newsletter you'll see information underlined – when viewing online, just click on the underlined word, and your computer will automatically bring you to the web page or email address for more information!



Like Mascoma Valley Parks & Recreation  
on Facebook!

## For your convenience, there are 5 ways to register for MVPR programs:

**Mail** the completed registration form found in the back of this guide to reserve a spot!  
MVPR, PO Box 373, Enfield, NH 03748

**Visit** your local town office prior to the program registration deadline, Monday-Friday 9:00 am - 4:00 pm.

**Drop** your form along with payment at your local town office drop box (24 hours a day).

**E-mail** your form to [mvalleyrec@gmail.com](mailto:mvalleyrec@gmail.com) and arrange to drop or mail payment.

**\*NEW\* Online** registration now available for some programs:

<https://mvpr.recdesk.com/Community>

## REGISTRATION INFORMATION

Please check program descriptions for registration information, including deadlines.

1. Registrations received after the registration deadline will be considered separately, and a late-registration fee may apply.
2. Residents of Canaan, Enfield, Orange, Grafton and Dorchester may be eligible for scholarships based on financial need. Any parents/guardians who would like to discuss scholarship opportunities should contact Mascoma Valley Parks & Recreation.
3. Resident & Non-resident fees are listed with program descriptions.
4. Participants will be officially registered upon payment of program fee. Receipt of registration form will reserve a spot in the program up to one week. We will contact you if there is a problem with your registration, or if a class is canceled.
5. Refunds will be considered on a case by case basis.

Thank you for participating in our Fall and Winter recreation programs!

# Youth Outdoor Programs

## Mascoma Valley After School Ski and Ride Program - at Whaleback Mountain!

Join Mascoma Valley Parks & Recreation for one afternoon a week of skiing and snowboarding at Whaleback Mountain in Enfield. We will be offering a five or six week program for students in K - 12th grade on Tuesdays. Students have the option to participate in a lesson, or free ski/ride (with parental permission and recommended "Blue Ability Level") for the afternoon. Pending weather, the program will begin on Tuesday, January 9th. If necessary, we will have make-up days added to the end of program. Transportation to Whaleback will be provided, but parents/guardians are required to pick up at Whaleback.

Lessons will begin at 3:30pm and end at 4:30pm. Students participating in the lesson have the option to free ski/ride after their lesson, with parental permission.

Students must be picked up by 5:30pm (or have written permission from their parent/guardian to remain until Whaleback closes at 7:00pm). MVPR staff leaves the Whaleback lodge at 5:30pm. If students will be skiing/riding after their lesson, written permission from their parent/guardian is required or the parent/guardian must be on hand to "sign-out" their child at the end of the lesson.



More details on the start date and pricing will be available in November!  
Contact [mvalleyrec@gmail.com](mailto:mvalleyrec@gmail.com) if you have a child who is interested in participating.



### Canaan Elementary Cross Country Ski Club

Learn to XC ski on Wednesdays at CES. This program starts January 10th and goes for 5-weeks. All equipment is provided free of charge! This program is open to elementary students in grades 1-4 from Canaan & Enfield! No transportation provided.

Time: 3:30-4:30pm

Location: Canaan Elementary School

Cost: \$5/lesson (\$25 for all 5-weeks)

Registration: <https://mvpr.recdesk.com/Community/Home> (Checks payable to Mascoma Valley Rec)

### IRS Cross Country Skiing

Join Mrs. DeWolfe for afternoons of Cross Country Skiing. Open to 5th-8th graders and held at Indian River School. Beginners welcome! Some equipment available to borrow on a first come first served basis.

Starts in January after Holiday Vacation

Days: Monday, Wednesday, Friday

Time: 3:00-4:30 pm

Registration: Contact Diane DeWolfe at Indian River School to register, or e-mail [mvalleyrec@gmail.com](mailto:mvalleyrec@gmail.com)

### Mark Clifford Memorial Annual Kids Ice Fishing Derby

Hosted by the Canaan Lions Club

Join the Canaan Lions Club for their annual Kids Ice Fishing Derby at Canaan Street Lake. Refreshments provided by Cardigan Mountain School, Woodlawn Farm and the Canaan Lions Club. There will be four age groups and trophies for the longest fish in each class. Bait will be provided by the Canaan Lions Club!

When: Late February or March 2018 (specific dates & times TBD)

Where: Canaan Street Lake

Fee: No Fee, Donations to the Mark Clifford Memorial greatly appreciated

Contact: [info@canaanlionsclub.org](mailto:info@canaanlionsclub.org) or 523-7720

Website: <http://www.canaanlionsclub.org/>



# Youth Programs

## Canaan After School Program (CASP)



CASP provides a structured environment for students in K-4th grade to be active, safe and to have fun after their school day at Canaan Elementary School. Homework will also be supported by CASP staff at parent's request. Children will participate in outdoor/indoor play, arts and crafts, games and special activities. CASP is not in session during school closings or snow days.

Contact: Bev Chapman at [rec@canaannh.org](mailto:rec@canaannh.org) for more information go to [www.canaannh.org](http://www.canaannh.org)

Register: Download an application, pick one up at CES or from the Canaan Town Office

## Enfield Village After School Program

Join Chip Jones and his staff at Enfield Village School for after school fun. The After School Program is held Monday-Friday until 6pm and takes place in the gymnasium at the Enfield Village School

Registration: Forms available at EVS

Contact: 632-4321



## Indian River After School Program (IRAP)

For students in 5th-8th grade. IRAP provides a safe, supervised and supportive environment for students after their school day. Students will have opportunities for arts and crafts, outdoor activities, board games, chess, checkers, legos and homework support. Students may also participate in school sponsored activities, and then return to IRAP once their activity is finished. IRAP is not in session during school closings or snow days.

Hours: Monday - Friday, 3:00-6:00pm

Cost: \$10/day for regular school days; Early Release Day charge is \$15

Drop-In Policy: Parents may request afterschool care for an unexpected need. Student must already be registered and there must be available space.

Contact: Bev Chapman at [rec@canaannh.org](mailto:rec@canaannh.org) or call 677-6813

You can pick up an application from Indian River School or the Canaan Town Office. Or download an IRAP application, <http://www.canaannh.org/boards/recreation/ira2017-2018.pdf>

## Preschool Dance

### Tap, Jazz and Ballet Basics

Time: 10:00 - 10:45am

Dates: Thursdays through October 26, 2017

Location: Enfield Community Building

Cost: \$8/class (ask about the multi-class discount!)

Register online: <https://mvpr.recdesk.com/Community/Program/Detail?programId=45>

This class is for students new to dance or with limited dance experience. Students must be between ages 3-5. This class will focus on introducing students to movement, rhythm and developing coordination. All dancers in this class session should plan to fall in love with movement and dance!

## It's a D.E.A.L! (Drop Everything And Listen)...

Relax, have a snack and be read to.

### ...and Puzzle Club

Build jigsaw puzzles together.

These two programs alternate weeks on Wednesdays and are appropriate for 1st - 5th graders!

Location: Enfield Public Library Time: 3:30-4:30pm

## Library Lego Club!

Join fellow Lego lovers on the last Saturday of every month. For children ages 5 and up.

Location: Canaan Town Library

Time: 10 am-Noon



## Jazz, Modern and Tap

Starting in January 2018 with instructor Michelle Carlson! For students with prior dance experience or wanting to improve their skills. Beginners are also welcome.

Day/Date: Mondays or Wednesdays

Time: 3:30 to 5:15pm (time subject to change)

Location: Indian River School or the Enfield Community Building

*Check back for more details!*

# Youth Sports

## Indian River Cross Country Running Team

For students in 5th-8th grade - no running experience required! Just come with energy and a positive attitude! You will be training with local coach Rick Currier and April Guinness. Practices are on M, T & Th. 3:15-5:00pm, Meets are optional!

The program will run through 10/26/17

Questions? Contact [mvalleyrec@gmail.com](mailto:mvalleyrec@gmail.com) for information or to register for the team.

## Indoor Field Hockey at Grantham Indoor [www.granthamindoor.com](http://www.granthamindoor.com)

5-week session: November 2 - December 7, 2017

10-week session: January 4 - March 8, 2018

Put together a team of 10, or sign up as an individual and be placed on a team. Games are 7v7 and will be played at either 5pm or 6pm for teams made up of players 7th-12th grade. Adult (18 & over) games are played from 7-8pm. Open to adults and students 7th grade and up! \*New\* Adult Only 4-week session in October, but we need a minimum of 20 players to commit. E-mail [mvalleyrec@gmail.com](mailto:mvalleyrec@gmail.com) if you are interested in receiving more information or would like to sign up.

## Granite State Sharp Shooters

Enfield Outing Club (EOC)

<http://enfieldnhoc.org/>

The EOC is home to a team of young guns, the Granite State Sharp Shooters. The twelve-member squad meets at the EOC on Sunday afternoons to practice competitive marksmanship skills. Ranging in age from 10 to 16 years, the GSSS members are coached by Scott Thompson, Ken May, and Roy Holland. The coaches share their expertise in marksmanship but also their enthusiasm and passion for shooting sports.

The GSSS shoot .22 long rifle and 17 caliber air rifles, a variety of manufacturers that includes Winchester, Anschutz, and Savage. Team membership is open to students 10 to 18 years of age that have completed the NRA Basic Rifle course.

### Volunteers Wanted:

Opportunity for adults to instruct youth in Rifleman's safety and proficiency. EOC's Granite State Sharp Shooters (GSSS) has grown to where additional adult instructors are needed. Youth are instructed in air rifle and .22 cal. in a 3P format. Practice is ongoing and GSSS will be participating in regional matches. Choose your level of involvement and get involved in passing on our firearms heritage to the next generation. Volunteers will receive training as an NRA Instructor free of charge for their commitment.

Contact: [enfieldshootingteam@aol.com](mailto:enfieldshootingteam@aol.com)



Basketball Registration: Open Now (online only)!

Registration Fees: Grades K-2 = \$35 & Grades 3-6 = \$45

The Mascoma Youth Sports League exists to serve the children of Mascoma school district. We seek to encourage positive attitudes and growth through teamwork and sportsmanship, attendance, fair play, respect for all, hard work, integrity and fun in sports. Basketball registration is online only - save money and register early! Late registration (additional \$10 fee per player) available. Grades 3-6 will require light travel to games in the Upper Valley. The season begins with a week of clinics and assessments in early November and team practices will begin after Thanksgiving. The season goes through February Vacation, ending with the Hanover Tournament. K-2 teams are coed and meet for one hour sessions on Saturday mornings from December - February.

Volunteer coaches are needed at all levels!

Registration is online only! Please go to: <http://mascomayouthsports.com>

Contact: [info@mascomayouthsports.com](mailto:info@mascomayouthsports.com)

# Family Events, Activities & Programs

## Enfield Recreation Halloween Party

Join the Enfield Recreation Department for games, activities, food and refreshment on Halloween night! Don't forget your costume!!

Date/Time: October 31 from 5-7pm

Location: Enfield Fire Station, Union Street



## Canaan Rec Halloween Activity

Check the Canaan website for updates on what the Canaan Recreation Commission has planned for Halloween! [www.canaannh.org](http://www.canaannh.org)

## Story Time with Melissa at Canaan Library

1st Saturday at 9:30am. Check the Canaan Town Library website for updates. [www.canaanlibrary.org](http://www.canaanlibrary.org)

## Make It/Take It Mondays at Enfield Library

October through June: First Monday of the Month at 3:30pm.

Drop by any time between 3:30 and 5:00pm for a fun craft project. Best for ages 8 to adult. If you are under 8 years old, you must have an adult or teen helper.

[www.enfieldtownlibrary.org](http://www.enfieldtownlibrary.org)

## "Pub" Trivia Series

The MVPR "Pub"lic Library Trivia Series—hosted by the Canaan and Enfield Libraries

Join other trivia fans once a week at the Canaan Town Library to test your knowledge of random facts with an evening of exciting trivia! Come with a team of 4, or as an individual. Topics include, but are not limited to: history, music, movies and more!

**Days/Dates:** TBD - watch the Canaan and Enfield Library websites for details and updates

**Time:** (usually) 6:30-7:30pm



Light refreshments & prizes weekly for the winners!

## Humanities To Go Program:

*Comics in World History and Cultures*

Date/Time: Saturday, September 23 at 1:00pm

Location: Canaan Town Library

A whirlwind look at comics around the world and throughout human history, through the lens of multicultural education. Experienced teacher and cartoonist Marek Bennett (M. Ed.) touches on comics from ancient and medieval European history, ancient Mayan culture and mathematics, modern Japanese history, local US history research, and more, including ways this rich heritage can speak to and inform modern readers, and inspire comics artists and fans of all ages.

## Museum Passes!

The Enfield and Canaan Libraries have passes to some great museums in NH, VT and MA. Stop in at your local library to learn more, or check out their websites.

\* Billings Farm, Currier Museum of Art, Massachusetts Museum of Contemporary Art, Museum of Fine Arts (discounted admission), Shelburne Museum and Vermont Institute of Natural Science!

[www.canaanlibrary.org](http://www.canaanlibrary.org) & [www.enfieldtownlibrary.org](http://www.enfieldtownlibrary.org)

## Freestyle Tech

Location: Enfield Town Library

Drop-in any day the library is open!

Come experiment with tech toys! For ages 8 to adult. Under age 8, teen or adult help is required.

*What kind of "tech" can you expect?*

Always available: Snap Circuits

October: 3D Doodler Pens

November: Magformers

December: Ozobot



# Active Living & Adult Recreation

## Chair Yoga & Exercise

Days/Dates/Time: M, W & F from 9:30-10:30 am  
Location: Enfield Community Building 308 Rt. 4  
Fee: \$3/session. Drop in and join!

## Beginner/Gentle Yoga Series

Day/Times: Wednesdays, 4-5:00pm  
Location: MVRHS CPL Room  
Fee: 6 class for \$60, \$12 drop in rate, Student/Senior rate is \$6/class



## Mat/Gentle Yoga Series

Day/Times: Thursdays, 8:30-9:30am  
Location: Enfield Community Building  
Fee: \$7/class and \$5 for seniors

## Wednesday Yoga (Outdoors Thru October)

Watch the MVPR Facebook page for details about outdoor yoga with instructor Meg Linn.

## Swing-Jamie Line Dancing

Sign up for line dance classes with pro instructor Jamie Orr. Bring a friend or family member and join the fun! Contact [mvalleyrec@gmail.com](mailto:mvalleyrec@gmail.com)  
Dates: Thursdays, throughout the fall and winter!  
Time: 5:10-6:10 pm  
Location: Enfield Community Building, 308 US Rt. 4

## Quilting Classes with Graham Hill Studios

Join Melissa Allen for quilting classes this fall and winter. Melissa's classes are appropriate for beginners, as well as advanced quilters. Participants must know how to use their sewing machine.

For beginners and advanced quilters. Bring your own sewing machine, extension cord, etc.!

For additional information contact Melissa at [grahamhillstudios@gmail.com](mailto:grahamhillstudios@gmail.com) or [mvalleyrec@gmail.com](mailto:mvalleyrec@gmail.com) for info on an upcoming class.

\*\*Classes typically begin at 8:30am and go until 4:00pm. Brunch and/or lunch provided.

## \*Coming Soon\* - ZUMBA fitness classes

A total workout, combining all elements of fitness – cardio, muscle conditioning, balance and flexibility!  
More detail available soon!

## Adult Volleyball

Come play some volleyball with your friends and neighbors! Starts October 1st & goes through May  
Days/Time: Sundays from 5-7pm  
Location: MVRHS (if available)  
Fee: No cost!  
More information: [mvalleyrec@gmail.com](mailto:mvalleyrec@gmail.com)



## 6th Annual Race to Save the Mill!

Run 8k or 5k and help the Grafton Historical Society raise money to restore Hinkson's carding mill.

### Run Local!

Date/Time: Saturday, October 7th at 10:30 am  
Location: Grafton Recreation Field, Prescott Hill Road in Grafton, NH  
Fee: \$15 (includes a tasty homemade lunch)

Registration: Same day  
Check out the Grafton Historical Society Facebook event for race updates and details: <https://www.facebook.com/events/295060937582143/>



## 3rd Annual Chili Cook Off

### at Whaleback Mountain

Date & Time: Saturday, November 11 from 4-7pm  
Join Whaleback for a great cause and to fill your stomachs with different kinds of chili!  
Interested in entering a chili? Preregister your chili (no cost) in the cook-off. More information at: <https://www.whaleback.com/>

## 30+ Adult Basketball

Join other basketball players in the community for some friendly pick-up games! Starts October 1st.  
Days/Time: Sundays from 10am-12pm  
Location: MVRHS (if available)  
Fee: No cost!  
\*\*For adults 30 and older only



# Active Living & Adult Recreation

Canaan Library: (603) 523-9650, [www.canaanlibrary.org](http://www.canaanlibrary.org)

Enfield Library: (603) 632-7145, [www.enfieldtownlibrary.org](http://www.enfieldtownlibrary.org)

Mascoma Area Senior Center: (603) 523-4333, <http://www.gcsc.org/mascoma.html>

## Grafton County Senior Citizen Council

Website: <http://www.gcsc.org/>

### The Mascoma Area Senior Center

Phone: 603-523-4333

Address: 1166 US Route 4, Canaan, NH

You'll love visiting the historic Mascoma Area Senior Center (MASC) in the former Indian River Grange Hall in the heart of downtown Canaan. The cozy, wood-paneled dining room is perfect for the daily lunches (M-F) at 12 noon.

"Early birds" drop by any time after 8 a.m. for morning coffee and to visit with old and new friends. The pot is always hot and there's usually lively conversation in this inviting gathering place; so plan to join us.

#### More than Lunch:

Each weekday, meals are prepared in the MASC kitchen for delivery to homebound neighbors. A trained outreach worker is available by appointment to help individuals with their unique needs. The Mascoma Center's lift-equipped van provides transportation to the Center or to appointments and/or shopping. Please call ahead to schedule the bus. The Center also houses The Mascoma Area Food Pantry, open by appointment to all residents of the five-town region.

#### On-going activities and programs:

**Bingo:** Wednesdays after lunch

**Bingo for Baubles:** Second Tuesday after lunch

**Cribbage:** First and third Tuesdays after lunch

## Basement Bookies

Join the Canaan Town Library Book Club! Fourth Wednesday of the month at 7 pm. Check the Canaan Library website for details & holiday dates.

## Adult Book Discussion

Last Thursday of the month at 6:30pm at the Enfield Public Library. Join your friends and neighbors and discuss your favorite books!

## Chess Club

Meets **occasionally** on Mondays from 6:30 - 7:45pm at the Enfield Public Library. Call or email the Enfield Library for more details.

## Club Petit Dèjeuner



Bonjour! Parlez-vous Français?

Are you interested in exercising your high school or college French skills? Or are you currently enrolled in a French language course? Meet up with other community members interested in speaking French. Beginners, intermediates and experts welcome! Allons-y!

Location: Enfield Lutheran Church on Main Street

Days/Time: Saturdays from 10 am-11 am



## il Circolo Italiano

Buon Giorno! Parla Italiano?

Meet up with others in the community to practice speaking la più bella lingua and share tales of travel in Italia. All levels of speaking ability welcome!

il Cicolo Italiano meets on Saturdays at 10 am at Mickey's Roadside Café.

Brunch will not be provided – attendees are free to order off the menu at their own expense.

## Knitting & Needlecraft at the Enfield Library

All levels of knitters & needle crafters are welcome.

Instruction available for beginners.

Enfield: Wednesdays from 10am-Noon



# Music, Art, Theater & Film

Shaker Bridge Theatre: (603) 448-3750, [www.shakerbridgetheatre.org](http://www.shakerbridgetheatre.org)

Mascoma Film Society: [www.mascomafilmsociety.org/](http://www.mascomafilmsociety.org/)

Mascoma High School Performing Arts: (603) 632-4308, <https://sites.google.com/a/mvrsd.org/mhs/>

Cardigan Mount Art Association (CMAA): (603) 523-7292, <http://cardiganart.wordpress.com/>



## Upcoming Performances at the Shaker Bridge Theatre:

*This* by Melissa Gibson - October 5-22, 2017

*Dancing Lessons* by Mark St. Germain - November 30-December 17, 2017

*Constellations* by Nick Payne - January 18-February 4, 2018

*Heisenberg* by Simon Stephens - February 22-March 11, 2018

Go to <http://www.shakerbridgetheatre.org/html/index.html> for a complete list of upcoming shows, as well as details about show times & tickets.

## Mascoma Valley Guitar Orchestra

All skill levels are welcome (except extreme novice). This will be a learning experience for all. This group will perform in public a few times during the year for fun! Music Director, Jim Shibles, of Enfield, will be teaching all aspects of the music to enable top notch performance. Music styles will vary...From Folk to Rock to Classical to Country. The aim is to have fun, learn a lot, and to please audiences.

When: Sundays

Time: 6:30-8:30pm

Location: Department of Public Works, 74 Lockehaven Road, Enfield, NH

Cost: \$3/session

## Mascoma High School Performing Arts

### "The Diary of Anne Frank"

Dates/Times: November 3-4 2017 at 7:00pm

Location: Mascoma Community Auditorium

### "Annie"

Dates/Times: March 16-17 at 7:00pm and March 18 at 2:00pm

Location: Mascoma Community Auditorium

### Upcoming Concerts & Recitals in the Mascoma Community Auditorium

Winter POPS Concert - 12/9/17 at 7:00pm

Distric Band & Choral Concert - 2/8/17 at 7:00pm

## Cardigan Mountain Art Association

Email [cardiganart@live.com](mailto:cardiganart@live.com) for information on upcoming classes and workshops.

### Look for CMAA at these local events:

*November* - Artisan Fair in Enfield (11/4 - 11/5) at the Enfield Community Building and the Orange Harvest Festival

*December* - Christmas in Canaan

## Hampstead Stage Presents

### FRANKENSTEIN

Date: Wednesday, October 4th at 7:00pm

Location: Enfield Community Building

This original adaptation explores Victor Frankenstein's maddening journey of creation and failure, with three actors playing multiple characters.

Sponsored by the Enfield Public Library

## Mascoma Film Society Movie Nights

Mascoma Film Society is a student/faculty/community-run club. Movie nights are free and open to the public. All shows are on Wednesdays and begin at 6:30 pm. Donations are welcome! Showings take place in the new Mascoma Community Auditorium, at Mascoma High School on Royal Road in Canaan.

Check the website for a complete listing of their fall movie lineup: <http://www.mascomafilmsociety.org/>

# Community Events

## Enfield-Mascoma Lioness Events

<http://enfield-mascomalioness.org/>

### Frosty's Craft World

Date: Saturday, November 18th

Time: 9:00am-2:00pm

Location: Enfield Village School



### Annual Thanksgiving Pie Sale

Call Doreen Bowlin at 632-5557 to pre-order your pie!

Date: Wednesday, November 22nd

Time: 9:30am - until sold out!

Location: Enfield Mascoma Savings Bank

## Enfield-Mascoma Lions Club

<https://www.e-clubhouse.org/sites/enfieldmascoma/>

### Shaker Haunted Trail

Dates/Times: TBD - check the Lion's website for updates and details!

Location: In the woods behind the Great Stone Dwelling by the Shaker Museum (Route 4A in Enfield) Free Admission, but donations welcome. Lions Club Wagon will be serving food!



### Christmas Tree Sale

Dates: November 25 - December 25

Location: Huse Park, Enfield

All individuals working at this event are volunteers and proceeds from the Christmas Tree Sale go toward supporting the Lions Club's good works within the community, including youth education & sports programs, donations to local food pantries, as well as helping with unmet sight and hearing needs.

### More info:

<https://www.facebook.com/Enfieldmascomalions/>

## Small Business Saturday - Vendor Fair

Support local businesses, other local vendors and direct sales consultants at the second annual "Small Business Saturday Vendor Fair". Small Business Saturday is an officially recognized day where neighborhoods and communities are encouraged to shop at local businesses.

Come shop for Scentsy, stop by the Vagabond Vintner and more. Just in time for the holidays!

Location: Enfield Community Building

Date: Saturday, November 25, 2017

Time: 9am-3pm



## Canaan Town Wide Yard Sale

On the Village Common and all over town!

Saturday, September 30

Sponsored by the Mt. Cardigan Fish & Game Club  
Call 523-7712, 523-7043 or 523-4282 for more info

## Canaan Lions Club

### Upcoming Events



<http://www.canaanlionsclub.org/>

- Youth Fishing Derby at Canaan Street Lake
- Canaan Street Lake "Ice Out" Contest
- Rose Sale
- Blood Drives
- Community Dinners

Contact info: 523-7720 or [info@canaanlionsclub.org](mailto:info@canaanlionsclub.org)

### Canaan Lions MX

<https://www.canaanlionsmx.com/>

Motocross Races from May - September  
Location: Ball Park Road in Canaan



## Holiday Craft Fair



Sponsored by the Canaan Old Home Day Committee

Get a good jump on you holiday shopping! Check out local craftsmen, artisans, and vendors at the annual craft fair. Refreshments available for sale by Social-Summit Lodge #50.

Where: Mascoma Valley Regional High School

When: November 25th, 9:00 am-3:00 pm

# More Community Events



<http://www.enfieldmainstreet.org/>

## Upcoming Events

Watch the EVA website for details on these great events.

### EVA Sponsored Monthly Business Coffees

Typically held the last Friday of each month. These are held at different Enfield businesses and are a social gathering for Enfield organizations and businesses.

**October 31st** - EVA Office will be open for Trick-or-Treaters!

**November 26th** - Small Business Saturday; celebrating Enfield's small business community.

**December 2nd** - Hometown Holidays! More info on the "Wintertime Activities" page.

## Special Needs Support Center (SNSC)



SNSC works to help children and adults with special needs, and their families, meet their unique challenges through advocacy and program support.

More info available at: [www.snscc-uv.org](http://www.snscc-uv.org)

Contact: 603-448-6311 or email [pam@snscc-uv.org](mailto:pam@snscc-uv.org)

## HAPPENINGS Calendar Fall 2017

**Apple Picking - Poverty Lane Orchard in Lebanon**  
Sunday, September 24 from 12:30-2:30pm

**Halloween Dance at UV Senior Center**  
Friday, October 27 from 7-9:00pm

**Pizza and Bingo at UV Senior Center**  
Thursday, November 16 from 5:30-7:30pm

**Holiday Gathering at UV Senior Center**  
Saturday, December 9 from 1-3:00pm

## Fall & Winter Activities at the Enfield Shaker Museum

website: <http://www.shakermuseum.org/>



### Shaker Harvest Festival

Saturday, September 30 from 10am-3pm  
A yearly tradition to celebrate the autumn harvest. Horse-drawn wagon and pony rides, a hay stack treasure hunt, musical entertainment and more!

### Cider Festival

Sunday, October 15 from 12pm-4pm  
Explore a variety of New England crafted artisan ciders, both hard and natural, at his festival tasting event. Children's activities, music and more!

### Fall Auction and Giving Gala

Thursday, November 16 from 6pm-9pm  
An annual fundraising event with delicious food, beverages, live and silent auctions and celebration!

\*Check the website for cost and details of the below activities

### Holiday Wreath Making

Thursday, December 7 from 5pm-7:30pm  
Create a masterpiece from evergreen branches and herbs grown in the Shaker Museum Herb Garden. Take home your finished wreath. All materials provided and included in the fee



### Festival of Trees

Saturday, December 2-16 from 10am-4pm  
Visit the museum's display of more than 50 beautifully decorated holiday table top trees designed and donated by members of the community.

### Festival of Trees Gala

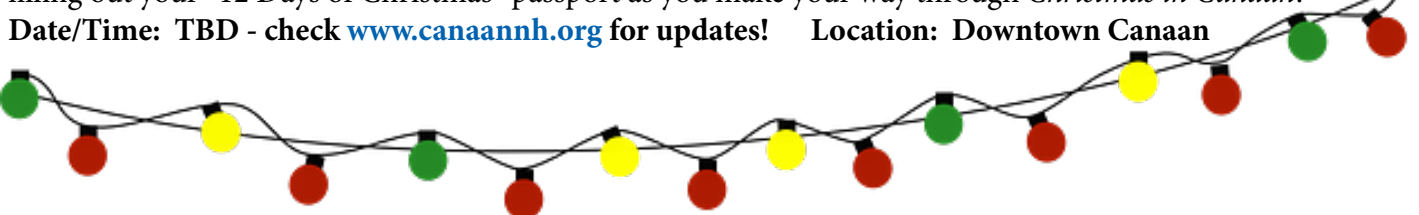
Sunday, December 17 from 5pm-7pm

# Wintertime Activities

## CHRISTMAS IN CANAAN

Save the date! Wednesday, December 16th and celebrate the holiday season with an evening of crafts, carols and holiday cheer. Walk through downtown Canaan and check out the decorations and stop in at the local businesses to make a holiday craft or grab some refreshments. Activities include pictures with Santa, horse and wagon rides, dog sledding demonstration and a chili cook-off. Don't forget to enter to win door prizes by filling out your "12 Days of Christmas" passport as you make your way through *Christmas in Canaan!*

**Date/Time:** TBD - check [www.canaannh.org](http://www.canaannh.org) for updates! **Location:** Downtown Canaan



## ENFIELD HOMETOWN HOLIDAYS

Join the Enfield Village Association (EVA) as they host "Hometown Holidays". Come check out local craft vendors, go for a sleigh ride, stop by the wreath sale, explore all the children's crafts, activities & storytelling, EVA's One-Day Café, and more! Join your friends and neighbors for this great community event!

**Date/Time:** Saturday, December 2nd, from 10 am - 3pm

**Location:** Enfield Community Building

Contact the EVA office at 632-7197, or watch for more information at [www.enfieldmainstreet.org](http://www.enfieldmainstreet.org)

### *David O. Cushman Memorial*

## **Winter Golf Tournament**

Tee up with your club of choice and a tennis ball at this annual golf tournament. Prizes for winners in several categories including longest drive, youngest participant and biggest duff. Put on your winter boots and a warm jacket...golf is not just a summer activity! Warm beverages and other refreshments available. Bring the whole family and have some fun. FORE!

**When:** early February 2018 from noon-3 pm

**Location:** Williams Field, Downtown Canaan

**Fee:** \$5.00

**Registration:** Same day!

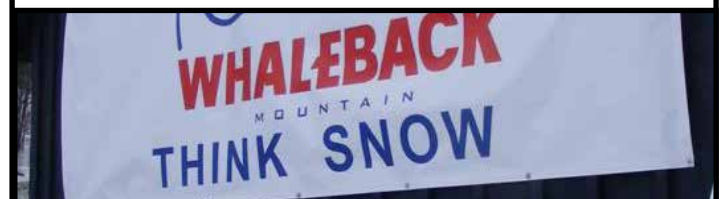
Sponsored by the Friends of Canaan Village

Check at the Canaan Hardware Store for more details as we get closer to February



WHALEBACK MOUNTAIN - Enfield, NH  
Skiing & Riding for the whole family! Great deals on season passes for Enfield Residents, students and more. Ski the Whale!

More info: <http://www.whaleback.com/>



Mount Cardigan Snowmobile Club Activities

<http://www.mtcargigansnowmobile.com/>

Club meets the third Thursday of the month at 7:00pm, October through April, at the Fish & Game Clubhouse on Ball Park Rd, off Route 4 in Canaan. Sunday "work days" at 7:45am from mid August - November to get the trails ready for the winter. Meet at the groomer's shed on Route 118 in Canaan.

More info on their website!

# General Registration Form

Use this form to register for some recreation programs - please note, this form will NOT be accepted for CASP, IRAP, Canaan Rec Camp or the Enfield Recreation Camp.

PARTICIPANT NAME \_\_\_\_\_ DATE OF BIRTH \_\_\_\_\_  
ADDRESS \_\_\_\_\_ PHONE \_\_\_\_\_  
HOUSEHOLD EMAIL (for program info) \_\_\_\_\_  
SCHOOL \_\_\_\_\_ GRADE \_\_\_\_\_

\*Please list any medical conditions, allergies, or restrictions that a coach/instructor/leader or volunteer will need to know: (i.e. asthma, inhaler, allergies including nuts, penicillin, etc) \_\_\_\_\_  
\_\_\_\_\_

Attending a sports camp? What size T-shirt? Circle your choice: Youth S, M, L, XL Adult S, M, L

**PRIMARY GUARDIAN:**

NAME \_\_\_\_\_  
ADDRESS \_\_\_\_\_  
TOWN/ST/ZIP \_\_\_\_\_  
PHONE (W) \_\_\_\_\_ (C) \_\_\_\_\_

**EMERGENCY CONTACT:**

NAME \_\_\_\_\_  
ADDRESS \_\_\_\_\_  
TOWN/ST/ZIP \_\_\_\_\_  
PHONE (W) \_\_\_\_\_ (C) \_\_\_\_\_

PLEASE INDICATE BELOW THE PROGRAM(S) YOU ARE REGISTERING FOR:

PROGRAM NAME	SESSION/DATES	PROGRAM FEE
_____	_____	_____
_____	_____	_____

I would like to make a donation to sponsor another child to participate this program. **Amount:** \_\_\_\_\_

\*Checks or cash accepted for payment. If donating, please include donation amount in your program fee. Please make checks payable to Mascoma Valley Recreation. Or to Canaan or Enfield as noted in the brochure

**WAIVER and PARENTAL PERMISSION FOR CHILDREN UNDER 18 YEARS OF AGE:**

The undersigned, being the parent and/or legal guardian of the participant listed above, gives permission to him/her to participate in the above named program(s). I agree that no claim will be made by the undersigned on behalf of my child for personal injuries or other losses sustained as a result of my child's participation. In the event any claim is made for injuries or damages sustained as a result of my child's participation, I shall hold the Towns of Canaan and Enfield harmless from, and indemnify it against, any such claim including attorney's fees incurred by the Towns and its employees whether or not such claim results in litigation. In the event of an emergency requiring medical attention, I authorize the necessary medical attention be given to my child by a qualified physician in the event I cannot be reached.

**MEDIA RELEASE:** From time to time, media personnel attend Town events and take photos and videos for publication. I permit the taking of photographs and video of me and/or my child during activities for promotional purposes unless the opt out line below is initialed.

**Signature** (parent/guardian if participant is under 18) \_\_\_\_\_ **Date:** \_\_\_\_\_

**PHOTO & VIDEO PERMISSION OPT OUT:**

I **do not** permit photo or videos of the above named participant for publication. Please initial \_\_\_\_\_



## Mascoma Valley Parks & Recreation

**ONLINE REGISTRATION** now available for some of our programs!

<https://mvpr.recdesk.com/Community/Home>

We are excited to announce **ONLINE REGISTRATION!** Currently it is an **INVOICE ONLY** system, so there is no online payment option. Cash or check is still accepted for each program.

Save yourself time and save paper by **CREATING AN ACCOUNT** for each member of your household. And receive email updates and notices about programs you are registered for, and upcoming events or activities.

### Set up your individual and family Profile

1. Click "Create Account" to begin process of entering your Profile then click Continue.
2. Fill out all fields and click Submit to complete the Profile setup process.
3. Be sure to do this for ALL FAMILY MEMBERS who will be registering for or paying for (Parents/Guardians) programs. New family members can be added by going to your profile page and clicking the "Add Household Member" link.

Once you've created an account for you and your family, registering for programs is easy!



Creating an account is easy and quick, and will save you time in the future!



### Registering for Programs

1. Registrations can be initiated by either clicking on the Register button on the Program List page or while viewing the Program Detail.
2. This will display the Program Registration form. Choose the Family Member registering for the program (not the Parent/Guardian), the appropriate Fee Type and then answer any additional questions that may be required for the program.
3. The new Registration will be added to your Shopping Cart and is ready for Payment. At this point, you can add more registrations to the shopping cart or complete the registration(s) by going through the Payment/Checkout process.

# About Us!

## Canaan & Enfield Rec Commissions

### Contact:

Enfield Town Office: 603-632-5026

Canaan Town Office: 603-523-4501

Websites: [www.canaannh.org](http://www.canaannh.org) & [www.enfield.nh.us](http://www.enfield.nh.us)

## About Canaan & Enfield Rec Commissions

Both the Canaan & Enfield Recreation Commissions work hand in hand with Mascoma Valley Parks & Recreation. The Commissions are made up of volunteers from the communities who help plan and coordinate recreation opportunities. Through their efforts, both Canaan & Enfield are able to offer great programs for adults and youth alike. The Recreation Commissions are responsible for Egg Hunts in the spring and Halloween Parties in the Fall. Swim lessons, lifeguard coverage and a day camp are coordinated during the summer months. And, through collaboration with MVPR, many more activities and events are now available!

### Canaan Recreation Commission Members:

Bev Chapman

Aaren Dow

Stacy Jellison

\*Open member positions

Dave McAlister - Selectboard Ex Officio

### Enfield Recreation Commission Members:

Keli Green

Cindy Wells

Dave Isom

Bill Considine

\*Open member position

### Farmers' Market Contacts:

Lindsay Smith - Enfield Market Coordinator

[farmersmarket@enfield.nh.us](mailto:farmersmarket@enfield.nh.us)

Lynn Braley - Canaan Farmers' & Artisans' Market

[fieldacresfarm@gmail.com](mailto:fieldacresfarm@gmail.com)

**Get involved!** If you are interested in joining the Canaan or Enfield Recreation Commission, please contact [mvalleyrec@gmail.com](mailto:mvalleyrec@gmail.com) for more information. Check the town calendars for updated information on meeting dates, times and locations. All meetings are open to the public!

## Mascoma Valley Parks & Recreation

### Contact:

Enfield Office: 603-632-5026 ext.5408

Canaan Office: 603-523-4501 ext.111

Email: [mvalleyrec@gmail.com](mailto:mvalleyrec@gmail.com)

Online: <https://mvpr.recdesk.com/Community/Home>

## About Mascoma Valley Parks & Recreation

Katharine Lary Jopek

Regional Recreation Coordinator

Mascoma Valley Parks & Recreation is an initiative created by the Towns of Canaan & Enfield in April of 2013 for the purpose of expanding active living recreation opportunities and programs for residents of the Mascoma Valley region.

Based out of both Canaan and Enfield, the Regional Recreation Coordinator is a part-time position. The focus is on maintaining current programs, increasing the number and variety of programs, particularly those focused on active living, and exploring areas of collaboration between the Enfield & Canaan Recreation Commissions.



The position was initially made possible through grants from Mascoma Savings Bank Foundation, Children's Fund of the Upper Valley, Upper Valley Healthy Eating Active Living Partnership ([www.uvheal.org](http://www.uvheal.org)), and the Byrne Foundation.

Now, in our fourth year, the Regional Recreation Coordinator position is sustained primarily through support from the Towns of Canaan and Enfield and a grant from the Byrne Foundation.

All of the new programs, activities and events would not be possible without the incredible support from the members of the Mascoma Valley Community and the Canaan and Enfield Recreation Commissions.



Follow us on Facebook

and stop by our new website

<https://mvpr.recdesk.com/Community/Home>

# Play Mascoma Valley!

Future ways to **Play On...**

## Spring/Summer Preview

### Community Activities

MYSL Baseball & Softball - Register online this winter at [www.mascomayouthsports.net](http://www.mascomayouthsports.net)

Mascoma Players Spring Musical - Presenting "Annie" on March 16, 17 & 18 2018

Memorial Day Parades in Canaan & Enfield- May 28

Mascoma Players Annual Spring Concert - June 2

EVA Shaker 7 Road Race - June 24, 2018

Enfield Old Home Days - Last full weekend in July 2018

Canaan Old Home Days - First weekend in August 2018

July 4th Celebration - Canaan (watch the website for details)

CPBA "5k Run From the Law" - August 5, 2018

### Recreation Programs/Activities

Canaan Rec Camp - Register spring 2018

Enfield Recreation Camp - Register spring 2018

Enfield Rec Easter Egg Hunt - March/April 2018

"4 for the 4th" Road Race/Walk & Kids Fun Run— Saturday, July 7, 2018

Swim Lessons in Canaan & Enfield - July & August 2018

Youth Summer Sailing Program - July 2018

British Soccer Camp - July or August 2018

MVPR Theatre Camp with Children's Stage Adventures - August 6 - 11, 2018

Movies in Huse Park (Sponsored by Enfield Police Department and Enfield Rec) - July or August 2018

